



LET'S CHAT!

with Pastor D



SHARON SEVENTH-DAY ADVENTIST CHURCH

October 12, 2019

Today we celebrate the survivors of cancer and especially breast cancer. The statistics are shocking! Since January 2019, there are over 3.1 million women in the U.S. with a history of breast cancer. This includes women currently being treated and women who have finished treatment.

Though African-American women get breast cancer at a slightly lower incidence rate (3%) than white women, they are 42% more likely to DIE of breast cancer than white women. This can be because breast cancer is more likely to be found at an earlier stage among white women; and African-American women are more likely to get triple-negative breast cancer (which is more aggressive and comes back after treatment).

As I reflect personally on this day, lots of memories and emotions emerge. I remember the day I received the phone call and realized it was serious. My heart pounded and time seemed to stand still, my auntie had been diagnosed with breast cancer. I blamed and chastised myself for being away at school. I could not be there for the treatments of chemotherapy and doctors visits. The countless phone calls and the tiredness in her voice always revealed the way she truly felt. There were days that she would be sick, really sick! Then there were the "good days."

The therapy took a toll on her slender figure and we found out later it was unsuccessful. The doctors then suggested the removal of her breasts to control the rapid growth. That was a very hard time and a year later my auntie passed away.

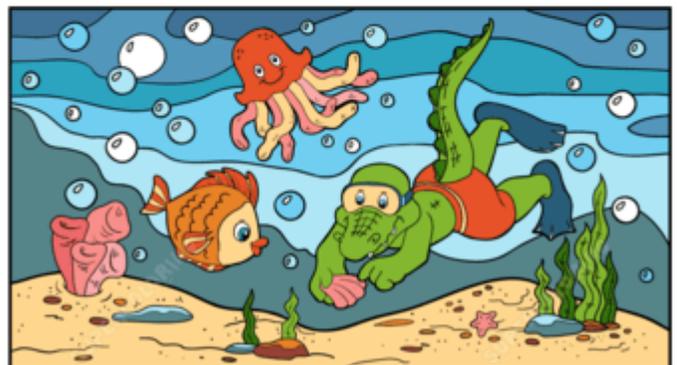
Her faith in God never diminished and she believe that a cure would be found. Let us celebrate those who continue to fight and conquer this illness. Let us prayerfully remember the families and caregivers who give tirelessly to support their loved ones.

KIDS CORNER

Find 15 differences.

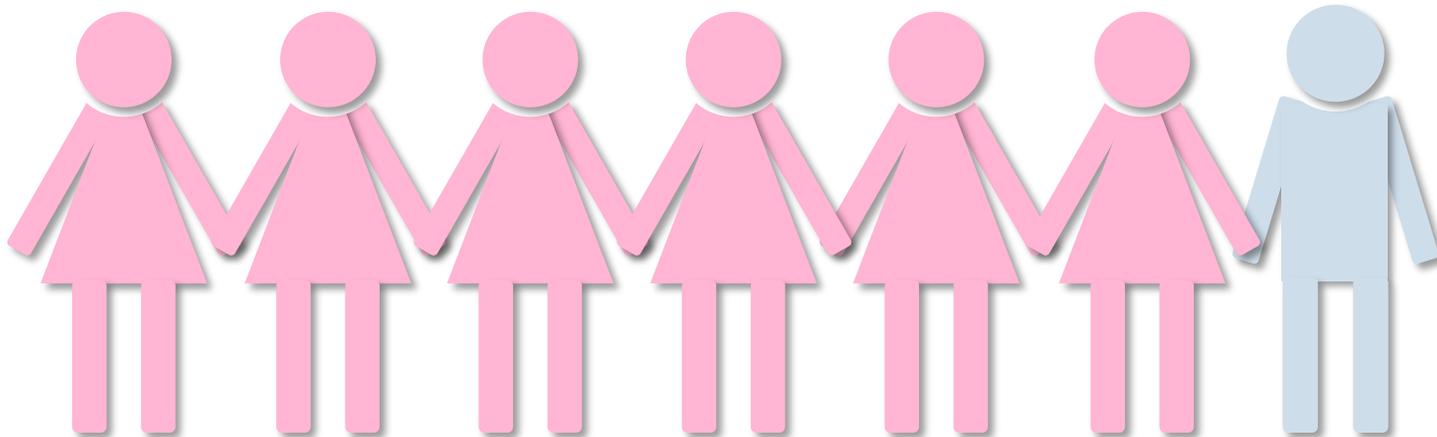
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EVE	JOCHERED	ELIZABETH
SARAH	PHARADHS DAUGHTER	
REBEKAH	NADMI	MARY
RACHEL	HANNAH	



WHAT'S YOUR RISK OF

Breast Cancer?



1 in 8

42%

Under age 45

15%

Over 45%

76%

2,670

Women will develop invasive breast cancer during her lifetime.

Higher breast cancer mortality rates in African-American women than white women.

Breast cancer is more common in African-American women than white women.

Of women with breast cancer have a family member with the disease.

Of women have never done a self-check breast exam, and 37% didn't know how.

Five-year survival rate for African-American women under age 45.

Men will be diagnosed with cancer in the U.S. this year.

MYTH & FACT

Myth: If the gene mutation BRCA1 or BRCA2 is detected in your DNA, you will definitely develop breast cancer

According to the National Cancer Institute (NCI), not every woman in families known to carry these gene mutations carries a harmful mutation, and not every cancer in such families is linked to a harmful mutation of these genes.

Myth: If you have a family history of breast cancer, you will get it too

Statistically, only 15% of women with a history of breast cancer get breast cancer.

Myth: Antiperspirants and deodorants cause breast cancer

The National Cancer Institute (NCI) have not found any conclusive evidence linking these to breast cancer.

Myth: Drinking milk causes breast cancer

Studies show that dairy consumption does not increase the risk of breast cancer.

Myth: Finding a lump in your breast means you have breast cancer

Only a small percentage of breast lumps turn out to be cancer. It should never be ignored though, so always check with your doctor.

Go to www.nationalbreastcancer.org for additional information.

URGENT prayer

- Coisha Graham and baby daughter, health
- Sister Loiseau, health and recovery
- Brittany Baker, private request
- Marjorie Stowe, health and recovery

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